FINAL Minutes of the Commission on Aging Monthly Meeting September 4, 2013

Attendees: Doris Armstrong, Fannie Gabriel, Yvette Huyghue-Pannell (Senior Center Liaison),

Janet Lamenzo, Al LeFebvre, Lucille Morisse, Toby Neuwirth, Gus Walek, Paula

Walek

Absent: Barbara Bloom, State Rep. David Baram, Jeannine Belisle, Paul Pelletier, Jeannette

Rivers, Councilman Leon Rivers

The meeting was called to order at 12:06 p.m. Al made a motion to accept the minutes of the June meeting. Fannie seconded. The minutes are approved.

There were no public comments, State of Connecticut, or Bloomfield Town Council reports.

Yvette reported on the Senior Service Department: Reginald "Taij" Howe is a new intern who will be with the department through December 6, 2013. He will lead parade walking, basketball shoot-around, and "tech savvy senior" programs. In addition, the UCONN nursing students will be at the Senior Center on Tuesdays through December 3. They will lead a "Healthy Walk and Talk," along with Yoga for Every Body, and Relaxation and Meditation. They will also shadow our public health nurse and do blood pressure screenings.

Yvette introduced the new Commission on Aging info cards. Fannie suggested they be placed at Seabury, Duncaster, and Town Hall. Yvette will have them available at the senior housing complexes, Social & Youth Services, and other strategic locations in town.

She reminded everyone of the Senior Expo on Tuesday, September 17, from 9:45 am - 1:00 pm.

She also thanked Doris and her team for volunteering their time to help with Food Share distributions. They came to the Senior Center faithfully every other Tuesday during the hottest days of the summer.

Yvette talked about the Meals-on-Wheels program changes. Janet pointed out that the cover of the new brochure says "meal" instead of "meals." This will be corrected as soon as possible.

The first off-site meeting of the Commission on Aging will be held at Woodside Village in November. If this meeting is well-received, the Commission can also plan to meet at the three other senior housing sites in town (Interfaith, Federation, and Coventry Place). It was decided to provide light refreshments for all the guests to enjoy.

Yvette thanked the reaccreditation committee for all their tireless efforts over the summer to complete the reaccreditation workbook.

The next meeting will take place at 12:00 noon on Wednesday, October 2.

Paula made a motion to adjourn the meeting. Toby seconded. There being no further business, the meeting adjourned at 1:10 p.m.

Respectfully submitted,

Yvette Huyghue-Pannell